

The Spiritual Pollution : Cause, Effects and Solutions

Shulbha Kothari , Shivilal

Government Engineering College Banswara(raj.)
Corresponding author : shulbha1986@gmail.com

Abstract : *Pollution is a major problem of the world. It is like a cancer slowly destroying the planet. It brings health hazard to all the people around the globe ,if we take a look to our land ,rivers, seas, oceans, and the air we breath we can say that the world is not a safe place to live in because the cancer or the contamination reached on the highest level or stage. climate changes or global warming is a major effect of the pollution .Many suffered respiratory infections due to air pollution .Many suffered skin and internal infection because of contaminated water. Rapid developments all around the planet fueled by greed is a major cause of pollution. Increased knowledge and development brings increased pollution.*

Introduction

Nature lovers and environmentalist joined the worldwide campaign against this problem. Awareness spread everywhere but the result can not be seen anywhere. Everyone from least to great contributed to the intense contamination of the planet's natural resources. Abused of nature can be seen anywhere. Why there is an intense contamination of natural resources?

Because man is morally and spiritually corrupt. Some people can not withstand to looked or watched videos and photos of severe pollution. How can we withstand if God give us the privilege to take a look in the intense pollution ?or how can we withstand if he will show to us how polluted we are in his sight? Natural pollution is dangerous; spiritual pollution is most dangerous. Spiritual pollution means uncleanness or defilement of man's spiritual nature . It is a pollution of the spiritual not physical aspect of a man. It is the contamination inside man's heart. It is a corruption of morality and spirituality of man.

Garbage or waste causes land water and air pollution. Spiritually the sins or evils causes spiritual pollution. It is the spiritual garbage or waste inside man's heart. It contaminate man before God. It makes a man undesirable to looked spiritually.

The origin of the spiritual garbage or waste is satan or the devil. He is the first sinner. He sins from the beginning. He is the father of lies and all wickedness. He pollutes the world and spread the contamination from generation to generation .He succeed in polluting Adam and Eve but failed to pollute Jesus at the wilderness temptation. He desired that all believers will be derailed from the path of righteousness. He used all ways and means to make every Christian to fall into sin and will be polluted like him and will be with him in eternal doom. If the spiritual garbage or waste lives in man's heart ,he is polluted before God even though how clean and neat he is physically, Satan is not concerned only on the physical aspect of man, the body or the outer shell of the man,

but he is more concerned on the spiritual aspect of man, the spirit and the soul.

2. Cause

The world was separated from God because of spiritual pollution spiritual separation is one of the effects of spiritual pollution. All fall short or separated from God's glory because all have sinned. All became polluted due to the spiritual garbage and waste .Isaiah told his people about the result of their sins and iniquities .It separated them from their God. God's face hid from them because of the spiritual garbage or waste they have in their lives. God did not desire to looked at them because they were contaminated spiritually .God is holy and pure and nothing impure, defiled or polluted can have a connection with him. A contaminated heart and spirit cannot have a fellowship with God. Adam and Eve disobeyed God and they became polluted spiritually ,their sin created separation from God. They banished from the garden of Eden and from God's presence.

The psalmist knows if he had cherished the spiritual garbage or waste in his heart there is no answer to his prayer. If a man is contaminated spiritually because of sin there is no answer to his prayer. Isaiah told his people why the hand hid face from them because of their sins. He is not only showing them that the spiritual garbage or waste separates them from their God but it will also brings no answer to their prayer. God abandoned soul because of his sins, he did not answer him in dreams or prophet due to his disobedience. The spiritual garbage or waste polluted him before God and brought no answer to his prayer. The spirit of man is dead because of the spiritual garbage that cause spiritual contamination. God's breath or the spirit of man is man's connection to God Sin brings death to the spirit of man and disconnected the communion or fellowship with God.

If we admit ,acknowledge, renounce and turn around from sin, we will find forgiveness and mercy from God. He will also purify us from spiritual pollution through genuine repentance the lamb of God. Jesus can take away the sins and purify anyone before God through the learning of his blood that poured out in the cavalry.

The Presence of Negative Creatures

The second factor affecting the spiritual atmosphere is the presence of evil creatures in this world: the presence of Jinn. At the time of Adam, the numbers of Jinn were fewer. Not so many people lived at the time of Adam. Similarly, with time, Jinn multiplied in big numbers. At the time of Adam there was less resistance in the spiritual atmosphere and less negativity, so people who lived in that era had to struggle less than those who came in the time of Abraham. In the time of Moses, they had to suffer more. By the time Jesus came the spiritual atmosphere was made worse than at the time of Moses. Prophet Mohammad came 600 years after Jesus and

the spiritual atmosphere was worse still. Now, after 1434 years, you can understand how bad the spiritual atmosphere would have become, given the number of Jinn and the number of sins.

Maybe the people of Adam and Abraham did not know of the sins we do today. We do the same sins but in a different style. The nature of sins is not different at all but there is a big difference. At the time of Adam, Abraham, Moses, Jesus and Mohammad, people would commit sins and they would understand that they are sinners.

But today we do sins and we think we deserve to do sins. We do sins under the banner of spirituality and under religion.

Today, we are sinners but we don't regard ourselves as sinners; we think we are saints and we are holy. At the time of Prophet Mohammad, people had different understanding of being a holy person.

You are holy when you abstain from everything else and negate yourself.

If you are committing a sin and you understand that it is a sin, you are a blessed one. But if you are committing a sin and according to your understanding, you are not committing a sin and you are doing it because you are holy, then your mind is messed up. Because when you have become holy you do holy things. Everybody in all religions is doing this: Christians, Jews, Hindus, Muslims – everybody. Like, there was a man in New Mexico who claimed he was Jesus; there were 175 women with him and according to his understanding, when he would have sex with those women they would see God. One man in Israel was arrested because he did the same. Now, propagation of the Awaited One is harder than propagation of Islam. 1434 years ago, spreading the word of God was not as difficult as it is today. Today, people swear at the Lord wherever you go. This is because of the ratio of negativity in the spiritual atmosphere. What you did 6000 years ago cannot be compared with the same act you do today.

The spiritual atmosphere is polluted with the amount of sins committed in an era and the number of Jinn present in the era. The ratio of negativity determines the steadfastness of individuals on the Truth and excellence of faith.

The followers of Prophet Adam had to cope with relatively less resistance in purifying their Selves [ego] and their hearts than those in the era of Prophet Abraham, who had to struggle a lot more in performance of the same good deed and mortification of the Self.

2.1 The ratio of negativity presently is over 100%.

The more the spiritual atmosphere is polluted, the less you feel inclined to do good deeds or to mortify your Self. It is due to the highest ratio of negativity today that people don't want to purify their Selves. The desire of God's love is overshadowed by the desire of material gains thanks to the fullest ratio of negativity. You enjoy more when you do bad than when you do good and it is because bad deeds are well supported by the negativity in the atmosphere. Most people are married yet they enjoy sex with those not married to them; it is because of the negativity in the atmosphere. A holy man has God's presence in him and he is like a powerhouse of

light and positivity; people feel inclined to do good when they are around him.

A holy man recycles the atmosphere and renders good spiritual oxygen to the suffocating hearts.

No act of worship can provide you with the amount of light and positivity as much as a holy man does. No wonder Rumi said, 'A moment spent in company of a holy man is far greater and better than worship of a thousand years.'

The spiritual atmosphere continues to deteriorate. Human beings now want money, women and luxury only.

The ratio of negativity has always gone up with the passage of time. It is directly proportional to the nature of the amount of sins which people commit; and at the same time it is also directly proportional to the number of Jinn who dwell in this phenomenal world. These are Spiritual Sciences. What I am speaking about is not any knowledge that you can find in any celestial book. You will not find this knowledge in books of Prophetic Traditions and you will not find this knowledge in books of Saints. This knowledge comes from His Divine Eminence Lord Ra Riaz Gohar Shahi.

According to a Prophetic Tradition, 'The world will be covered with darkness in the era that the Awaited One will appear in this world. There will be a few lamps lit up in this world and those few lamps will be at a considerable distance.' People who interpret the Holy Scripture think that this darkness is referred to physical, phenomenal darkness of this world and that these lamps are referred to physical lamps. This is wrong. Physical lamps and physical darkness has nothing to do with the advent of the Awaited One; there has been such darkness in this world before the Awaited One's arrival and there can be darkness after the Awaited One has arrived. It doesn't help us understand the Personality of the Awaited One. If we interpret this Prophetic Tradition under the guidance of His Divine Eminence and dig out the esoteric meaning of it, darkness is referred to darkness of the heart and lamps are referred to enlightened hearts. There will be a few enlightened hearts. The more enlightened hearts are there in the world the better the spiritual atmosphere is and the less enlightened hearts are there in the world the worse the spiritual atmosphere becomes.

'How does the spiritual pollution affect our spiritual journey, our faith and our struggle to purify our hearts and mortify our Selves (Ego)?'

We have seven subtleties in our skeleton. Six of them are dormant but the seventh, the Self (Ego) is very much alive and its origin is the devil. When the body of Adam was created, the devil spat at his navel point; there was a germ in his saliva which turned into the Self. So, the Self is a germ that has come from the devil. This diet can be obtained from any food you consume. Negative energy has heating effects. When you inhale oxygen, a considerable amount of negativity enters your body and it strengthens your Self. The diet of the Self is negative energy. Every time you breathe you're giving diet to your Self.

All vegetables and fruits need some light before they are worthy of consumption. If there is no sunlight available there is no fragrance in flowers. If there is no sunlight, there is no

taste in any fruit. Sunlight is important and sunlight has heating effects; so negative energy is rendered. All kinds of meat, including fish have negative energy in them.

You cannot live without food. When you eat it, it is not only strengthening your body but it is strengthening your Self; it's becoming stronger every day. One thing is very important: when there is too much negative energy in this world and our Self is absorbing so much negative energy, we want to do bad things. If our Self is strong, our Self makes us do bad things. His Divine Eminence Lord Ra Riaz Gohar Shahi once said, 'The knowledge of spirituality is not suitable for common people. Initially it was aimed at those who were very clever by mind.'

If we deal properly with consciousness, then we can realistically deal with the problems of this world. Otherwise, we are just doing patchwork. The cause of all the pollution in the world is polluted consciousness, because our minds are highly polluted with toxic greed. What is the nature of this greed? It can never be satisfied. The Vedic solution is to learn how to be content and satisfied with simple things — simple living and high thinking.

3. Spiritual pollution

It is a spiritual pollution that acts like cholesterol in our soul that prevents our hearts from beating in rhythm with Jesus, it is a spiritual pollution that chokes our joy and clouds our ability to see Christ like black smoke from a burning oil well, it is a spiritual pollution in this world that stunts our ability to grow and become who Jesus made us to be, it is a spiritual pollution that isn't a beautiful painting of God's glory but instead a grotesque spray-painting and graffiti of God's character.

Do we believe that this spiritual pollution exists in this world and that we breathe it in deeply—BY CHOICE!—every day, that we often without realizing it put the mask over our faces so that we ONLY breathe in its fumes? In Mexico City, the pollution is so terrible that there are tanks set up where you can breathe pure oxygen. Jesus also offers us pure spiritual oxygen if we would simply breathe Him in deeply, if we would fix our EYES on Him and allow Him to fill us with His light and purity through His Holy Spirit and His Word... You see, it is with our EYES that we breathe in either the pollution of this dying, sinful world or the purity of the Living Savior...

That is why Jesus says the eyes are the lamp of the body...

Jesus is revealing something powerful to us that we could never have figured out on our own! If our eyes are filled with darkness our entire bodies will be so filled. And we let in SO MUCH darkness through our eyes with the movies we watch, the t.v. shows that we RELIGIOUSLY follow (ordering our lives around watching them!), the social media sites that we spend so much of our precious, limited lives soaking up, the magazines that we read, etc. Some secular studies show that the more time people spend on Facebook, the higher chance they have of being depressed and feeling discontent in their

lives. WOWZA! And yet we Christians somehow think we are immune to those Facebook fumes, breathing them in deeply for hours each day THROUGH OUR EYES and thinking it is a neutral or even beneficial way to spend our time!!!

The advertising world is a multi-BILLION dollar industry whose sole purpose is to get you to buy what they sell and whose sole strategy for getting you to buy what they sell is to get you to feel unhappy with and unthankful for and discontent with what God has already given you, whether body or house or car or objects or hair or talents or spouse etc. Companies hire these firms and pay them billions of dollars not because they MIGHT be effective but because they are TERRIBLY EFFECTIVE, not because they have a CHANCE of getting people to be discontent but because we are GUARANTEED to be discontent if we watch and soak up enough of their ads!!!!

It is great gain to have our character match up more and more with God's character (godliness) and to have contentment with who we are in Christ and what we have been given from Christ! This is great gain! I wonder if the opposite is also true: "ungodliness with discontentment is great loss." THIS GREAT LOSS is exactly what we get over time as we fill our minds with the spiritual pollution of this world through hours and hours each week of watching t.v. & movies, immersing ourselves in social media, and barely spending minutes and minutes with Jesus in silence, stillness, and Scripture. Often without realizing it we nurse from the tailpipe, from the exhaust, of this sinful world. No wonder so few Christians are growing, no wonder so many Christians are sick, no wonder so many Christians are dizzy and light-headed and discontent and chasing what Madison Avenue offers us!

Why does the devil focus on t.v., movies, music and the internet? Because that's where we spend the majority of our time! He sets up his pollution-pots all over the information superhighway because we are like internet over-the-road truckers—we're always driving there, mile after drowsy mile! The devil fills up these areas with millions of landmines and we think we can dance through them unhurt though we have blindfolds and clown shoes on! We think we can live in this polluted land for dozens of hours per week and not be polluted, and this just shows how deep the disease has gotten...we are numb to the symptoms and oblivious to the causes.

In the 1920s—50s, the greatest trick of the tobacco industry wasn't adding addictive chemicals to cigarettes or getting people to smoke; it was convincing people that smoking cigarettes actually IMPROVED their health...there were many doctors who used to PRESCRIBE cigarettes to patients for better health! This is what the devil has done to us—what we have ALLOWED him to do to us—about the vast majority of t.v. shows, commercials, the internet, social media, movies, magazines, and music that we consume each week. We think they make us healthy when the opposite is tragically true...

Like the famous illustration: how do you boil a frog? NOT by throwing him in a pot of boiling water—the frog will just

jump out! But you put him in a pot of luke-warm water and slowly heat it up. He doesn't even realize he is being cooked that way. And we are being cooked, brothers and sisters...or really, we are being polluted...And that is how the devil uses the majority of t.v., movies, social media, music, magazines and books nowadays. We are taught through much of this content that sin isn't a big deal, that it is not bad and even good, that what the Bible CLEARLY calls sin is to be celebrated! We have become desensitized to sin and pollution like the frog in the slowly heated water. It is the utter height—or DEPTH!—of our pollution when we call sin good and when we call the Bible—or just the parts that we don't like—BAD! We didn't change overnight but were polluted slowly over time...the devil uses images, pictures, commercials, shows, movies, etc. because images—what we see—are very powerful.

We see situations in movies or t.v. shows—or even in real life!—where a person is clearly sinning and there don't seem to be very many consequences at all, or if there are the results are positive and good! This teaches us that sin is not a big deal, or even not sin at all! We are disciples of the world because we spend so much time with the world, learning its ways; we are NOT disciples of Jesus because we spend so little time with Him, learning HIS ways...

The devil knows the power of these images over time, and remember this is what he did back at the beginning to Eve in the garden of Eden. Genesis says that after the devil tempted Eve, she LOOKED at the fruit, and seeing that it was pleasing to the EYES, she took some and ate it. And so here we all are in this mess all these years later! The devil appealed to Eve's EYES, and she trusted her eyes over what God had clearly told her (His WORD!). The devil continues this potent attack today.

Images are powerful—this is why God says in the second commandment not make any images to worship, even of the LORD! Images have power to lead us astray, because what we look at with our eyes enters our minds, and our minds are directly connected to our actions. That is why Philippians 2 tells us to have the same ATTITUDE as that of Jesus, because if we have His mind/attitude we will eventually have His actions; that is why God tells us through Paul to be transformed by the renewing, the transformation, the cleansing, the un-polluting of our MINDS—and in order to do this we need to cleanse what we look at...this is why Hebrews says to fix our EYES on Jesus!!! See how this is all so beautifully and expertly connected in the Bible!?

I learned to be discontented with my body, with my muscles (or lack of muscles!). I wasn't born discontented—I learned it! Pictures of action figure toys prove this—in the 60s, the toys were slightly muscular. Now, many action figure toys are comically muscular. Growing up, as I saw pictures of bodybuilders and other guys in movies, t.v. shows and commercials, and on the covers of magazines, as various shows subtly taught that to be a man and to be cool and to be happy is to look like these guys, I began to look at my very normal body and be dissatisfied—even disgusted!—with my appearance! What a slick trick!!! But then the OTHER extreme is also just as dangerous (though I probably won't

ever have to worry about this): it's dedicating our lives and time and money and energy to getting our bodies to look like those on the covers of magazines and trying to find our satisfaction and pleasure in our appearance instead of the character of Jesus...

We are so concerned with the pollution of the physical earth...and **within reason**, we should be concerned with this! But we are so concerned with the pollution of the physical earth, though the physical earth is only temporary, and we are so UN-concerned with the spiritual pollution that we allow in our souls, which will last forever...

You might say, “Oh come on. It's just a t.v. show, it's just an R-rated comedy, it's just a song, it's just a magazine! It's harmless! I don't see anything wrong with it!”

Carbon monoxide is a colorless, odorless gas...that kills. We put detectors in our houses that give off an ear-splitting ring when the slightest whiff is detected which our noses and eyes are totally blind to. No one calls us legalistic against poison when we dutifully set up these alarms—they call us wise! But we think we are legalistic when the Holy Spirit & Bible guide us to detect and depart from the spiritual poison of this world...

The spiritual pollution of this world, without the alarm of the Bible and the Holy Spirit, is also often odorless and colorless and no less deadly to our souls. We not only do not turn on the alarms but we keep it locked in the box and on the shelf. “This Book will keep you from sin (POLLUTION!) or sin (POLLUTION!) will keep you from this Book” (D.L. Moody). With us rarely reading and living our the Bible and with us breathing deeply from the polluted tail/exhaust pipe of this sinful world for hours and hours per day, it is no wonder that many of our faith in Christ is dead or in a coma, it is no wonder that we are on spiritual life-support...we have forgotten or overlooked or ignored the second half of James 1:27 and are thoroughly polluted by the spiritual carbon monoxide of this world.

4. The Vedic solution to environmental pollution

Earth is our mother and her natural resources are sacred; they are God's energy and how we respect and utilize them is what will determine the fate of the world. We could be happy with the simple things that God provides if we just learn the art of using them in harmony with the will of God. The Vedic solution to environmental pollution is to change our consciousness from being little Ravanas to little Hanumans... from exploiting the earth for our own purposes to protecting and honoring the earth for God's purposes.

There is no other permanent solution. All other solutions from environmental organizations may be good and necessary and vital, but we must understand that unless there is a change in consciousness, those solutions are not sustainable. Years ago I met the environmental minister of India and she questioned what good the mantras of the *sadhus* were doing for the environment. I replied that these mantras clean the heart. If you clean the rivers but not the hearts, then people will just

pollute the rivers again. You have to clean the rivers and we also have to educate people how to find satisfaction in the simple, divine gifts that God has given us.

Mother Earth has a body that is very much like our bodies. When there is some problem, she heals herself. But like our bodies, if her body is exploited again and again and filled with more and more toxins and is never given the time to replenish itself, then it can't heal itself and the result is serious diseases. When Mother Earth gets a disease, the reactions are severe earthquakes and tsunamis. It is necessary, therefore, to clean the ecology of our consciousness, and the simplest and most powerful agent to remove the pollution of our minds and hearts and to restore the love, compassion and inner satisfaction that we are all longing for is the chanting of God's holy names.

4.1 The Ratio Of Negativity In The Spiritual Atmosphere

The ratio of negativity in the spiritual atmosphere differs from time to time. The ratio of negativity was different at the time of Abraham from the time of Adam. And it differed in the era of Moses from the era of Abraham.

According to a Prophetic Tradition, 'There are two angels appointed on every human being. One of the angels is appointed to keep a record of everything good a man does and the other keeps the record of everything bad a man does.' So these two angels keep a record of your good and bad deeds. When you commit a sin, they write it in your book and it will be presented to God on the Day of Judgement. But at the same time, when you commit a sin, they write it in that book and they place a black spot on your heart as well. Now why is the record being kept in two different places in two different forms? Because when you reach the age of 40, your book [of deeds] is sent to God.

Whether you follow a religion or you don't, whether you are good or bad, at the age of 40 your book is taken to God. According to God's understanding, 'Now he is 40. He must have done something good and he deserves to be rewarded.' This is the time when God thinks you should be given rewards for your efforts that you may have made to seek God's love. The efforts that you may have made to bring spirituality and spiritual awareness in your life [will be rewarded]. Maturity in men comes at the age of 40. You cannot be the President of the USA if you are not 40 years of age. All Prophets declared Prophet-hood after 40 because that is when they are sober.

5. Solutions

The willingness to do good is directly proportional to the spiritual atmosphere. If the spiritual atmosphere is full of positive energy, than even bad people want to do good. When the ratio of negativity was significantly low at the time of Adam, it was easy for them to do good deeds; comparatively, the same good act that people of Adam did became harder for the people of Abraham. Why? The spiritual atmosphere provided more resistance against them because of the [higher ratio of] negativity. Negativity at the time of Adam was lowest. So the spiritual atmosphere is getting worse every day.

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His Divine Eminence says, 'If you want to keep your heart alive and happy with God, and God happy with your heart, then keep your Self unhappy.'

You cannot keep both the Self and heart happy at the same time. You could like it or dislike it, but this is what spirituality is all about. The ratio of negativity and positivity in the spiritual atmosphere is a very sensitive issue. How sensitive? Your progress [in spirituality] is directly dependent upon the effects of this ratio.

Combating the Spiritual Pollution

In order to cut down on atmospheric pollution, you plant trees. The more trees you have in the area, the lesser pollution. A tree gives you an external aid to cut down on the pollution. In the daytime, trees release oxygen which helps overcome the bad elements in the air. When it goes in the air, it adds to the amount of the oxygen already present in the air and the pollution decreases. If there are no trees, the air quality will be so bad that you will not be able to breathe.

In a similar fashion, if you want beat the spiritual pollution you need to have Saints of God.

Why? The trees release oxygen and the Saints are connected to God; God looks at them and God sends upon them Theophanies of God every day. Remember: one Merciful Glance of God burns away seven great sins. Right now, spiritually, this world is like a toilet. Dirt is falling from the sky. You go out and you become dirty. If dirt starts to fall from the sky and it doesn't stop, you will become accustomed to it. For the first few days, you will feel stinky and terrible,

but you have no cure, no remedy and no solution so you will convince yourself to become accustomed. But then, somebody will come to you and say, 'Come. There is a very safe place for you. Come to the Awaited One. In the time you spend in the Awaited One's company, you are away from the falling dirt.'

You become pure again but the trouble is, you go and come back again and become pure. But now there is one difference between you and others. They do not know about the cleanliness, they will develop an urge to come back here. What will happen to you? When there is enough purity in your heart, you will be given the armour of purity. Your heart will be connected to the Awaited One Lord Ra Riaz Gohar Shahi's heart. When you go out with the umbrella of Lord Ra Riaz Gohar Shahi's Merciful Sight, you are safe. It is like dirt is falling on people but you are holding an umbrella, so you are protected.

Without the Merciful Glance it is difficult to remain a good person and remain a pure heart.

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